

**UNIVERSITAS AISYIYAH PALEMBANG
PROGRAM STUDI FARMASI**

**Skripsi, Juli 2025
Wulandari**

**Gambaran Permasalahan Penggunaan Obat Pada Pasien Lansia Di
Puskesmas Tanjung Raja**

ABSTRAK

Latar Belakang: Lansia merupakan kelompok usia yang rentan mengalami penyakit kronis dan komplikasi kesehatan, sehingga sering kali memerlukan polifarmasi. Kondisi ini berpotensi menimbulkan yang dapat mengganggu keberhasilan terapi. **Tujuan:** Penelitian ini bertujuan untuk mengetahui gambaran permasalahan penggunaan obat serta jenis DRPs yang terjadi pada pasien lansia di Puskesmas Tanjung Raja. **Metode:** Penelitian menggunakan desain observasional dengan pendekatan kualitatif melalui telaah rekam medis, wawancara, serta observasi. Data dianalisis secara univariat untuk menggambarkan karakteristik responden, diagnosis utama, serta distribusi kejadian DRPs. **Hasil:** Penelitian ini dengan responden 50 pasien lansia, mayoritas pasien lansia adalah Perempuan sebanyak 30 orang (53,13%), sedangkan laki-laki 20 orang (46.88%). Seluruh nya mendapat obat dan terapi sesuai standar (100%) serta mengalami efek samping ringan DRPs. **Kesimpulan:** Puskesmas Tanjung Raja tidak terdapat kejadian *Drug Related Promblems* (DRPs) pada pasien lansia yang memenuhi kriteria inklusi. *Drug Related Promblems* (DRPs) tidak terjadi pada pasien lansia di Puskesmas Tanjung Raja, karena seluruh pasien (100%) menerima obat dengan tepat, baik dari aspek jenis obat maupun lama pemberian sesuai standar nasional.

Kata kunci: lansia, penggunaan obat, Drug Related Problems (DRPs), Puskesmas Tanjung Raja

Daftar Pustaka: 15 (2012-2024)

**UNIVERSITY OF 'AISYIYAH PALEMBANG
STUDY PROGRAM OF PHARMACY**

**Thesis, July 2025
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**Overview of Drug-Related Problems in Elderly Patients at Tanjung Raja
Public Health Center**

ABSTRACT

Background: Elderly patients are vulnerable to chronic diseases and health complications, often requiring polypharmacy. This condition increases the risk of Drug Related Problems (DRPs), which may compromise therapeutic outcomes. **Objective:** This study aimed to describe the problems of drug use and to identify the types of DRPs occurring among elderly patients at Tanjung Raja Public Health Center. **Methods:** This research employed an observational design with a qualitative approach through medical record review, patient/caregiver interviews, and direct observation. Data were analyzed using univariate methods to present patient characteristics, primary diagnoses, and distribution of DRPs. **Results:** This study involved 50 elderly patients, with the majority being women (30 patients) (53.13%), while 20 were men (46.88%). All received standard medication and therapy (100%) and experienced mild side effects (DRPs). **Conclusion:** There were no drug-related problems (DRPs) in elderly patients who met the inclusion criteria at Tanjung Raja Community Health Center. Drug-related problems (DRPs) did not occur in elderly patients at Tanjung Raja Community Health Center because all patients (100%) received the correct medication, both in terms of the type of drug and the duration of administration, according to national standards.

Keywords: elderly, drug use, Drug Related Problems (DRPs), Tanjung Raja Public Health Center

Bibliography: 15 (2012-2024)