

SKRIPSI

**STRUCTURE-BASED VIRTUAL SCREENING (SBVS)
SENYAWA TANAMAN OBAT DALAM AL-QUR'AN DAN
AL-HADITS DENGAN TERGET RESEPTOR HISTAMIN H₂
SEBAGAI ANTI-GASTROINTESTINAL DISEASE**



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**PROGRAM STUDI SI FARMASI
SEKOLAH TINGGI ILMU KESEHATAN 'AISYIYAH
PALEMBANG**

2023

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Skripsi ini Diajukan sebagai
Salah Satu Syarat untuk Memperoleh Gelar
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PROGRAM STUDI S1 FARMASI
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PALEMBANG

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LEMBAR PERSETUJUAN
SKRIPSI

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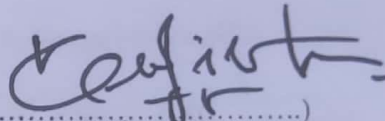
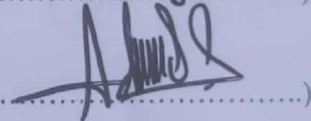
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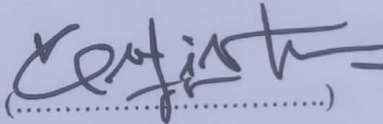
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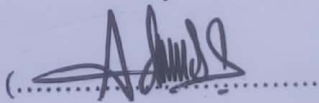
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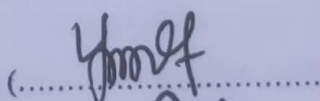
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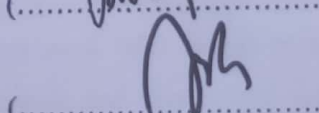
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Structure-Based Virtual Screening (SBVS) Senyawa Tanaman Obat Dalam Al-Qur'an Dan Al-Hadits Dengan Target Reseptor Histamin H₂ Sebagai Anti-Gastrointestinal Disease

ABSTRAK

Latar belakang: Reseptor histamin yang penting pada manusia salah satunya yaitu reseptor histamin H₂, berperan dalam regulasi reseptor asam lambung. Menurut WHO tahun 2014, di Indonesia angka kematian akibat penyakit tukak lambung mencapai 1.081 atau 0,08% dari total kematian. Penelitian ini melakukan skrining struktur-struktur tanaman bahan alam yang disebutkan dalam al-Quran dan al-Hadits dengan target reseptor histamin H₂ diharapkan mampu mengidentifikasi ligan-ligan yang berperan sebagai antihistamin H₂, khususnya untuk penyakit *gastrointestinal*. **Tujuan:** Melakukan penapisan secara virtual senyawa-senyawa dalam tanaman obat yang disebutkan dalam al-Qur'an dan al-Hadits dengan target reseptor histamin H₂, Melakukan simulasi dinamika molekul pada kompleks hasil penapisan virtual dan menghitung energi bebas ikatan paling stabil, dan melakukan validasi internal kompleks paling stabil dengan simulasi penambatan ulang. **Metode:** Penelitian ini melakukan uji *in silico* dengan metode simulasi penambatan molekul, simulasi dinamika molekul, dan penambatan ulang menggunakan perangkat lunak YASARA-Structure dan Autodock vina **Hasil:** SBVS pada ligan tanaman dalam al-Qur'an dan al-Hadits terhadap reseptor histamin H₂ manusia, didapatkan tanaman Safarjal dengan kode LTS0117717 memiliki interaksi yang baik terhadap reseptor H₂, ditandai dengan nilai energi bebas ikatan paling rendah -8,1 kkal/mol, terbentuknya ikatan hidrogen dengan Asp98 berat molekul tidak >500DA yaitu 456,7DA. Hasil simulasi dinamika molekul dengan 20ns terpilih *snapshot* ke 154 karena nilai energi bebas ikatan paling rendah yaitu -11.3810 kJ/mol dan mempunyai jarak antar ikatan <3,5Å yaitu 1,850Å. Hasil penambatan ulang memiliki nilai RMSD 100% <2Å yaitu berkisar 0.6923Å-1.0290Å. **Kesimpulan:** Tanaman Safarjal dengan kode LTS0117717 yaitu senyawa Oleanolic acid, disinyalir memiliki efek farmakologis terhadap reseptor histamin H₂ manusia sebagai anti-*gastrointestinal disease*.

Kata Kunci : Al-Quran dan Al-Hadits, *Gastrointestinal*, SBVS, hHRH₂, Komputasi.

HIGH SCHOOL OF HEALTH SCIENCES 'AISYIYAH PALEMBANG S1
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Structure-Based Virtual Screening (SBVS) Of Medicinal Plant Compounds In
The Al-Qur'an And Al-Hadith By Targeting Histamine H₂ Receptors As Anti-
Gastrointestinal Disease

ABSTRACT

Background: One of the important histamine receptors in humans, the histamine H₂ receptor, plays a role in the regulation of stomach acid receptors. According to WHO in 2014, in Indonesia the death rate due to peptic ulcer disease reached 1,081 or 0.08% of the total deaths. This study screened the plant structures of natural materials mentioned in the al-Qur'an and al-Hadith with the target of histamine H₂ receptors expected to be able to identify ligands that act as H₂ antihistamines, especially for gastrointestinal diseases. **Objectives:** Virtually screening compounds in medicinal plants mentioned in the al-Qur'an and al-Hadith targeting histamine H₂ receptors, simulating molecular dynamics in virtual filtration complexes and calculating the most stable bond-free binding energy, and performing internal validation of the most stable complexes by simulating re-docking. **Methods:** This research conducted in silico tests with molecular docking simulation methods, molecular dynamics simulation, and re-docking. **Results:** SBVS on plant ligands in the Qur'an and al-Hadith against human histamine H₂ receptors, it was found that the Safarjal plant with code LTS0117717 had good interactions with H₂ receptors, characterized by the lowest binding free energy value of -8.1 kcal/ mole, hydrogen bonds are formed with Asp98, the molecular weight is not >500DA, namely 456.7DA. The results of the molecular dynamics simulation with 20ns selected the 154th snapshot because the bond free energy value is the lowest, namely -11.3810 kJ/mol and has an inter-bond distance of <3.5Å, namely 1.850Å. The re-docking results have a 100% RMSD value <2Å, namely around 0.6923Å-1.0290Å. **Conclusion:** The Safarjal plant with the code LTS0117717, namely the compound Oleanolic acid, is suspected to have a pharmacological effect on human histamine H₂ receptors as an anti-gastrointestinal disease.

Keywords : Al-Qur'an and Al-Hadith, Gastrointestinal, SBVS, hHRH₂, computational

DAFTAR ISI

HALAMAN JUDUL	i
LEMBAR PERSETUJUAN	iii
LEMBAR PENGESAHAN	iv
LEMBAR PERSEMBAHAN	v
RIWAYAT HIDUP	vii
SURAT PERNYATAAN	viii
PERNYATAAN PERSETUJUAN PUBLIKASI	ix
KATA PENGANTAR	x
ABSTRAK	xii
DAFTAR ISI	xiv
DAFTAR TABEL	xvi
DAFTAR GAMBAR.....	xvii
DAFTAR ISTILAH	xviii
DAFTAR LAMPIRAN	xix
BAB I. PENDAHULUAN.....	1
A. Latar Belakang.....	1
B. Rumusan Masalah.....	4
C. Tujuan Penelitian	4
D. Manfaat Penelitian	5
E. Ruang Lingkup dan Batasan Penelitian	5
BAB II. TINJAUAN PUSTAKA DAN LANDASAN TEORI	6
A. Tinjauan Pustaka.....	6
1. Kimia Komputasi	6
2. <i>Computer-Aided Drug Design and Discovery (CADD)</i>	7
3. <i>Structure-Based Virtual Screening (SBVS)</i>	8
4. Tanaman Bahan Alam dalam Al-Qur'an dan Al-Hadits.....	10
5. Penyakit Gastrointestinal	13
6. Reseptor Histamin H ₂	14
B. Landasan Teori	15

BAB III. METODE PENELITIAN	17
A. Desain Penelitian	17
B. Waktu dan Tempat Penelitian	17
C. Alat dan Bahan	17
1. Alat Penelitian	17
2. Bahan Penelitian	18
D. Prosedur Penelitian	19
E. <i>Timeline</i> Penelitian.....	22
BAB IV. PEMBAHASAN	23
A. Pembuatan Struktur Tiga Dimensi (3D) Ligan Tanaman Bahan Alam dalam Al-Qur'an dan Al-Hadits	23
B. <i>Structure-Based Virtual Screening</i> (SBVS)	25
C. Simulasi Dinamika Molekul	33
D. Penambatan Ulang (<i>Re-Docking</i>)	37
BAB V. KESIMPULAN DAN SARAN.....	42
A. Kesimpulan	42
B. Saran	42
DAFTAR PUSTAKA	43
LAMPIRAN	54

BAB V

KESIMPULAN DAN SARAN

A. Kesimpulan

Telah diteliti sebanyak 33 tanaman yang disebutkan dalam al-Qur'an dan al-Hadits, terpilih satu tanaman terbaik yang disinyalir sebagai anti-*gastrointestinal*, yaitu tanaman Safarjal dengan kode LTS0117717, berikut alasan terpilihnya kode LTS0117717 nama senyawanya yaitu Oleanolic acid.

1. Pada SBVS menggunakan Autodock vina menghasilkan dengan energi bebas ikatan paling rendah -8,1 Kkal/mol, berat molekul kurang dari 500DA yaitu 456,7 DA, dan berikatan dengan Asp98.
2. Pada simulasi dinamika molekul menggunakan 20ns terpilih *snapshot* ke 154, karena mempunyai *pose* yang paling stabil yang ditandai dengan nilai energi bebas ikatan paling rendah yaitu -11.3810 kj/mol, dan mempunyai jarak antar ikatan $<3,5\text{\AA}$ yaitu $1,850\text{\AA}$.
3. Hasil *re-docking* 1000x didapatkan nilai RMSD $<2\text{\AA}$ dengan persentase 100% yaitu berkisar 0.6923\AA - 1.0290\AA .

B. Saran

Disarankan bahwa bisa dilakukan penelitian lebih lanjut lagi mengenai tanaman Safarjal sebagai anti-*gastrointestinal disease*.

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