

**UNIVERSITAS AISYIYAH PALEMBANG
PROGRAM DIII KEBIDANAN**

Karya Tulis Ilmiah, November 2025

Nazifa Fitria Rohima

Faktor-Faktor Yang Berhubungan Dengan Pemberian ASI Eksklusif Pada Ibu Primipara Di TPMB Sumartini Palembang 2025

(xvii- 94 halaman Tabel, 2 Bagan, 9 Lampiran)

ABSTRAK

Latar Belakang: ASI eksklusif merupakan nutrisi utama bagi bayi usia 0–6 bulan, namun cakupannya di Indonesia masih belum mencapai target nasional. Faktor seperti dukungan suami, tenaga kesehatan, dan pengetahuan ibu diduga berpengaruh, terutama pada ibu primipara. **Tujuan:** Mengetahui faktor-faktor yang berhubungan dengan pemberian ASI eksklusif pada ibu primipara di TPMB Sumartini Palembang Tahun 2025. **Metode:** Penelitian kuantitatif dengan desain cross-sectional pada 30 ibu primipara. Data dikumpulkan melalui kuesioner dan dianalisis secara univariat serta bivariat menggunakan uji Chi-Square. **Hasil:** Sebanyak 83,3% responden memberikan ASI eksklusif. Dukungan suami baik (80,0%), dukungan tenaga kesehatan mendukung (76,7%), dan pengetahuan ibu baik (83,3%). Uji statistik menunjukkan tidak ada hubungan antara dukungan suami ($p=1,000$), dukungan tenaga kesehatan ($p=0,847$), dan pengetahuan ibu ($p=0,273$) dengan pemberian ASI eksklusif. **Kesimpulan:** Tidak terdapat hubungan signifikan antara dukungan suami, dukungan tenaga kesehatan, dan pengetahuan ibu dengan pemberian ASI eksklusif. Upaya peningkatan ASI eksklusif perlu melibatkan edukasi dan dukungan keluarga serta lingkungan.

Kata Kunci: ASI eksklusif, dukungan suami, dukungan tenaga kesehatan, pengetahuan ibu.

Daftar Pustaka : (2020-2025)

**UNIVERSITY OF AISYIYAH PALEMBANG
DIPLOMA III MIDWIFERY PROGRAM**

Scientific Writing, December 2025

Nazifa Fitria Rohima

Factors Associated with Exclusive Breastfeeding Among Primiparous Mothers at TPMB Sumartini Palembang, 2025

(xvii – 94 pages, Tables, 2 Charts, 9 Appendices)

ABSTRACT

Background: Exclusive breastfeeding is the primary source of nutrition for infants aged 0–6 months; however, its coverage in Indonesia has not yet reached the national target. Factors such as husband support, health worker support, and maternal knowledge are believed to influence exclusive breastfeeding, particularly among primiparous mothers. **Objective:** To determine the factors associated with exclusive breastfeeding among primiparous mothers at TPMB Sumartini Palembang in 2025. **Methods:** This quantitative study used a cross-sectional design involving 30 primiparous mothers. Data were collected using questionnaires and analyzed using univariate and bivariate methods with the Chi-Square test. **Results:** A total of 83.3% of respondents practiced exclusive breastfeeding. Good husband support (80.0%), supportive health workers (76.7%), and good maternal knowledge (83.3%) were reported. Statistical tests showed no significant association between husband support ($p = 1.000$), health worker support ($p = 0.847$), and maternal knowledge ($p = 0.273$) with exclusive breastfeeding. **Conclusion:** There was no significant relationship between husband support, health worker support, and maternal knowledge and exclusive breastfeeding. Efforts to improve exclusive breastfeeding rates require enhanced education and strengthened support from families and the surrounding environment.

Keywords: exclusive breastfeeding, husband support, health worker support, maternal knowle.